

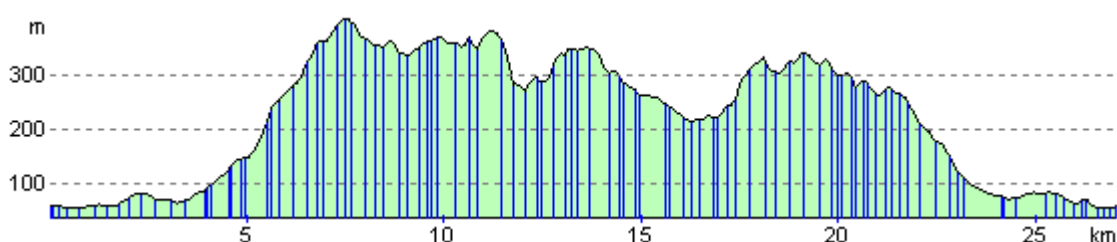
Course details - Ruthin

Date: 20th September 2009

Start time: 9.30am

Event Location: Rugby Club, Ruthin

Profile:
short course



Course statistics:

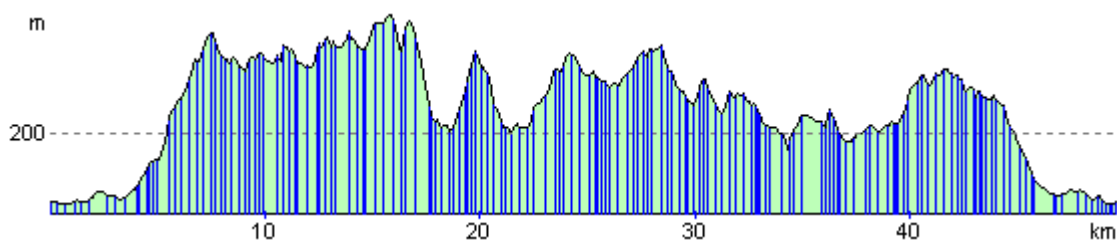
Length - approx.: 28 km

Climbing - approx.: 850 meters

No of service stations: 1

Please note that all course details are approximate and that the course might vary from the details given here.

Profile:
half course



Course statistics:

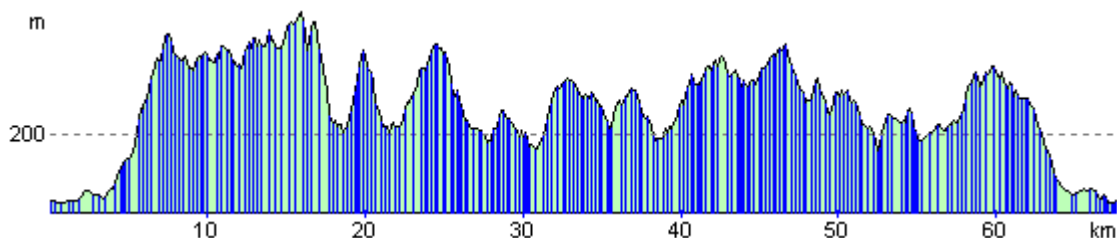
Length - approx.: 53 km

Climbing - approx.: 1900 meters

No of service stations: 2

Please note that all course details are approximate and that the course might vary from the details given here.

Profile:
middle course



Course statistics:

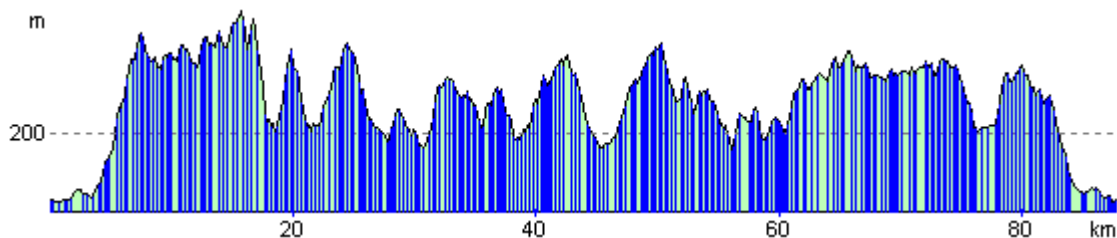
Length - approx.: 72 km

Climbing - approx.: 2550 meters

No of service stations: 3

Please note that all course details are approximate and that the course might vary from the details given here.

Profile:
full course



Course statistics:

Length - approx.: 92 km

Climbing - approx.: 3150 meters

No of service stations: 4

Please note that all course details are approximate and that the course might vary from the details given here.

Course Overview

Merida Bikes MTB Marathon Ruthin

Starting from the Rugby Club in Ruthin, the course goes through the town centre and soon reaches a very steep tarmac climb, a good way to make height at the start of a ride!

Reaching the top of this you will enter a block of forestry with some interesting single-track, just after this the 25Km splits off into an enjoyable single-track descent where they rejoin the main loop.

Meanwhile the other 3 routes emerge from the forestry to a heather and bracken moorland onto technical single-track which turns into a fast descent -Beware!- You then immediately climb up to the Moel Arthur feed station where the 50Km splits off.

The 75Km and 100Km riders continue on an 18Km loop predominantly on twin-track and road back to the feed station, here they rejoin the 50Km riders.

Shortly after this the 100Km riders split on a fast descent locally named "Memory Lane". On rejoining the main loop the route consists of single-track across moorland, turning into dual-track eventually reaching the feed station at the Loggerheads Country Park.

From here the going gets very fast on bridleways tracks and roads which bring you back to the venue in Ruthin.